












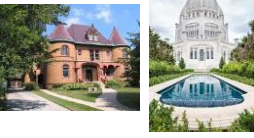



May 2026 MaineStreamers' Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat					
					1	2					
3	<p>10:30-11:30 Senior Aerobics</p> <p>10:30-11:30 Health Program- Fall Prevention</p>  <p>6:00 - 7:30 Yoga</p>	4	<p>12:00-1:00 Chair Yoga</p> <p>Day Trip: Lilacia Park, Carriage House & Victorian Cottage 10:00-5:15</p> 	5	<p>11:15-12:15 Senior Aerobics</p> <p>10:30-12:00 American Classic Travel Fiesta</p> 	6	<p>12:30-2:30 Bingo</p> 	7	<p>1:00-3:00 - Uncork, Unwind Wine & Design Succulent Garden</p> 	8	9
10	<p>10:30-11:30 Senior Aerobics</p> <p>1:00-3:00 Day at the Races</p>  <p>6:00 - 7:30 Yoga</p>	11	<p>12:00-1:00 Chair Yoga</p> <p>Jimmy Buffett Tribute Show Des Plaines Theatre 1:00-2:30</p> 	12	<p>11:15 - 12:15 Senior Aerobics</p>	13	<p>10:15 - 11:15 Zumba Gold</p>  <p>90+ Birthday Celebration 12:00-2:00</p>	14	<p>2:00-3:00 Travelogue (Town Hall) "Let's Go to Antarctica!"</p> 	15	16
17	<p>10:30-11:30 Senior Aerobics</p> <p>2:00-3:00 iPhone/iPad Technology</p>  <p>6:00 - 7:30 Yoga</p>	18	<p>12:00-1:00 Chair Yoga</p> <p>5:30-7:00 Twilight Dining Hacienda El Sombrero</p> 	19	<p>11:15 - 12:15 Senior Aerobics</p> <p>Day Trip: South Pacific 10:15-5:45</p> 	20	<p>10:15-11:15 Zumba Gold</p> <p>10:30-12:00 Advisory</p>	21		22	23
24	 <p>MEMORIAL DAY REMEMBER AND HONOR</p> <p>Township Closed</p>	25	<p>12:00-1:00 Chair Yoga</p> <p>2:30-4:30 Monthly Movie "Song Sung Blue"</p> 	26	<p>11:15 - 12:15 Senior Aerobics</p> <p>Day Trip: A Day on the North Shore 8:30-4:45</p> 	27	<p>10:15-11:15 Zumba Gold</p>	28	<p>2:00-3:00 Informative (Town Hall) "Roadside Attractions" Presenter: Leslie Goddard</p> 	29	30